



THE COLLEGE OF  
OPTOMETRISTS

# Stage Two

## Overarching case scenario 79

**AGE AND GENDER** Female, Age 44

**ETHNIC BACKGROUND** Asian

**OCCUPATION AND HOBBIES** Nursery school assistant but on long -term sick leave due to stress. Plans to retrain as counsellor. Mother to two young children. Driver.

**PRESENTING SYMPTOMS AND HISTORY** Noticed flashes of light in vision a number of times over the past few weeks. No other problems vision seems ok, although reading is becoming more difficult with spectacles on which is annoying, so tending not to wear them a lot around the house.

No floaters, headaches or diplopia reported.

**GENERAL HEALTH AND MEDICATION** Takes antidepressants.

**PRE SENT Rx, CENTRATION AND ACUITIES** CR39 SV lenses scratched

RE: -1.50/+0.25 x 70 6/7.5

LE: -1.50DS 6/9

ocd 64

**PD/NCD** 64/60 at 30cms

**VISION** RE 6/36 LE 6/60

**PINHOLE VISION** R 6/6 L 6/6

**REFRACTION**

RE -2.00 DS VA 6/6

LE -2.50 DS VA 6/6

**R&L** Add +1.00 N5 Binoc

**ACCOMMODATION** 4D binocularly

**BINOCULAR STATUS** Distance cover test with Rx No movement seen

Near cover test with Rx slight exophoria, good recovery

**MOTILITY** No restriction to any direction; no diplopia reported

**CONVERGENCE** 10cms

**PUPIL REACTIONS** PERRLA

**FUNDUS EXAMINATION** see attached

**FIELDS** Not done

**IOP** RE 18 mmHg LE 20 mmHg Perkins 10.00am

**EXTERNAL EYE EXAMINATION** All clear .

# Fundus Image

